

B.A. Health, Exercise, and Sport Sciences: Health and Exercise Science Concentration

1. General Education:

- Complete a minimum of 42 units and at least one class in each of the 9 general education categories
- Complete two semesters of a foreign language (or test equivalent)

Fundamental Skill Requirements	Breadth General Education Requirement	Pacific Seminar Requirement	Diversity Requirement
	GE Areas:		
Basic Writing: _____	IA _____ IIA _____ IIIA _____	PACS I _____	Complete one 3-unit officially designated Diversity course. _____
Reading: _____	IB _____ IIB _____ IIIB _____	PACS II _____	
Math: _____	IC _____ IIC _____ IIIC _____	PACS III _____	
Foreign Language: _____			

2. Degree Requirements:

- Complete 64 units outside Health, Exercise, and Sport Sciences Department (breadth requirement)
- Complete the following courses as part of the major:

<u>Sem/Yr</u>	<u>Grade</u>	
_____	_____	HESP 129 Exercise Physiology (4) – Fall, Spring, Summer
_____	_____	HESP 133 Functional Anatomy (4) – Fall, Spring, Summer
_____	_____	HESP 147 Muscle Physiology (4) – Fall, Spring
_____	_____	HESP 157 Clinician in Health and Exercise Science (4) – Fall, Spring, Summer
_____	_____	HESP 180 Epidemiology (4) – Fall, Spring, Summer
_____	_____	HESP 187 Internship in Health and Exercise Science (4) – Fall, Spring, Summer
_____	_____	BIOL 51 Principles of Biology (5) – Spring, Summer
_____	_____	BIOL 61 Principles of Biology (5) – Fall, Summer
_____	_____	BIOL 170 Human Anatomy (5) – Fall, Spring
_____	_____	BIOL 180 Human Physiology (5) – Fall, Spring
_____	_____	CHEM 25 General Chemistry (5) – Fall, Spring
_____	_____	CHEM 27 General Chemistry (5) or PHYS 23 General Physics (5) – Fall, Spring

Five (5) HESP elective classes (excludes HESP 023 and HESP 025)

<u>Sem/Yr</u>	<u>Grade</u>	
_____	_____	HESP _____
_____	_____	HESP _____
_____	_____	HESP _____
_____	_____	HESP _____
_____	_____	HESP _____

Student Signature: _____ Date: _____

Advisor Signature: _____ Date: _____

