



Master of Arts

HEALTH, EXERCISE AND SPORTS SCIENCE

Program Overview

College of the Pacific's Master of Arts in Health and Exercise Science is a graduate-level program that consists of 32 units taught over 15, 18 or 24 months. The program offers individualized study and research for students interested in:

- Exercise Physiology
- Public Health
- Health, Fitness and Wellness
- Graduate programs in Health: Such as physical/occupational therapy, medicine, chiropractics or podiatry

The program is individually designed to meet the objectives and needs of students within a variety of emphasis areas. Students acquire skills necessary for immediate success in allied health careers and top doctoral programs across the country.

PROGRAM FAST FACTS

Stockton

Campus

32

units

15, 18, or 24

months

Rolling

admission

Fall

semester start

In-Person

program

GRE

not required

UNIVERSITY OF THE
PACIFIC

Office of Graduate Admission: 916.739.7281 | gradinfo@pacific.edu

Health, Exercise and Sport Science Program: 209-946-2209 | mvanness@pacific.edu



Health and Exercise Science offers classroom, laboratory, and international experiences that prepare you for graduate studies. Over the summer I got to intern with the Ugandan Health and Demographic Survey and did independent research analyzing the possible variables, such as diet and exercise, that may lead to the common illnesses found in Uganda.

CARLOS DELGADO

B.S. Health and Exercise Science '16
Doctor of Physical Therapy '18

Curriculum

Students choose a thesis or non-thesis option for completing a multidisciplinary survey of health and exercise science, involving opportunities for experiential learning and collaborative research. Offered courses include:

- Graduate research methods and statistical design
- Exercise Physiology
- Epidemiology
- Cardiovascular Physiology
- Muscle Physiology
- Kinesiology
- Health Law
- Healthcare practice, sociological and psychological aspects of healthcare

Faculty

Graduate students in Pacific's Health, Exercise, and Sports Sciences program benefit from close working relationships with dedicated and passionate professors. Each faculty member brings unique professional experience and academic expertise to their courses.

Tuition and Financing

Tuition and fees are set annually. The per-unit graduate tuition rate for the 2019-2020 academic year is \$1,528 plus applicable fees.

A limited number of full/part-time graduate assistantships are awarded to students in the program on a competitive basis. Graduate Assistants are granted full-tuition remission plus a stipend and work 20 hours per week.

Graduate students who are U.S. citizens or eligible non-citizens may apply for federal student loans. Please contact our Office of Financial Aid for more information about financing options.

OUTCOMES

Students acquire skills necessary for immediate success in healthcare careers and top doctoral programs across the country.

REQUIREMENTS

The admission process involves a holistic review of each applicant's background and experiences. The following are required for admission through our application in GradCAS (gradcas.liasoncas.com):

- Bachelor's Degree
At least 2.65 GPA
- Official transcripts
- Resume
- Personal statement
- Three letters of recommendation

For international students, the Test of English as a Foreign Language (TOEFL) or International English Language Testing System (IELTS) is required.

For more information, please visit:

go.pacific.edu/graduate